

Dating, Courtship, and Marriage in the Savior's Way

(Adapted from Preparing for a Temple Marriage and Building a Temple Marriage)

The Course

The course will help students to learn important truths, doctrines, and principles about dating, courtship, and marriage grounded in the teachings of the Savior. They will have the opportunity to practice skills to date successfully, select an eternal companion, prepare themselves for marriage, and succeed in building a happy and successful family life.

Course Outcomes:

At the end of the course, students will:

1. Follow prophetic counsel on dating and choosing an eternal companion;
2. Develop the faith to marry through purposeful and Christ-centered dating and courtship experiences; and
3. Prepare themselves to enter into the new and everlasting covenant of marriage.

Week	Topic	Learn (1 hour)	Do (30 minutes)
1 Theme: Dating	Living the Lord's Standards in Dating	4: The Lord's Standards for Dating "For the Strength of Youth" (52) Selected Teachings from "Dating Standards" (51)	Answer Dating Handout at the end of the lesson. <i>Alternative:</i> Dating Standards Reflection and Role Play or Planning a Date
2 Theme: Dating	Building Strong Communication in Dating Relationships	11: Effective Communication "Family Communications," Elder Marvin J. Ashton (32)	Things to talk about in a Date <i>Alternative:</i> Active Listening Workshop
3 Theme: Dating	Discovering True Love and Seeking an Eternal Companion	14: True Love Selected Teachings from "Love" (154) 15: The Search for an Eternal Companion Selected Teachings from "Mate Selection" (188) The Family: A Proclamation to the World (83)	Do: Filters <i>Alternative:</i> Love vs. Infatuation Sorting Game
4 Theme: Dating	Understanding God-Given Differences Between Men and Women	12: Differences Inherent between Men and Women Selected Teachings from "Differences Inherent between Men and Women" (63) "The Joy of Womanhood," Sister Margaret D. Nadauld (70) Statements in "Equality of Men and Women," Elder James E. Faust (80)	Basic Differences Between Men and Women <i>Alternative:</i> Perspective Swap Discussion

		Statement in “Equality of Men and Women,” Sister Eliza R. Snow (80)	
5 Theme: Courtship	Preparing Temporarily for Life and Marriage	10: Temporal Preparedness Statements in “Prepare for the Future,” President Gordon B. Hinckley (in “Education,” 77) Statement in “Importance of Education for Women,” Elder Russell M. Nelson (in “Education,” 78) Selected Teachings from “Temporal Preparedness” (327) Selected Teachings from “Independence” (137) “Becoming Self-Reliant,” Elder L. Tom Perry (307)	Budgeting Challenge
6 Theme: Courtship	Temple Readiness and Personal Worthiness	7: Personal Worthiness and the Blessings of Eternal Marriage “Healing the Tragic Scars of Abuse,” Elder Richard G. Scott (5) Statement in “Principle of Repentance,” Elder Boyd K. Packer (in “The Family: A Proclamation to the World” section, 87) 17: Preparing for the Temple “The Holy Temple,” President Boyd K. Packer (318) Selected Teachings from “Temple Preparation” (314)	Temple Prep Self-Assessment
7 Theme: Courtship	Making the Choice to Marry and Navigating Engagement	16: The Decision to Marry and Engagement Selected Teachings from “Mate Selection” (188) “Agency or Inspiration?” Elder Bruce R. McConkie (193) “Summary Checklist” (in “Arrangements for a Temple Marriage,” 318)	Marriage Decision Matrix
8 Theme: Courtship	Balancing Self-Development with the Responsibilities of Life	9: Balancing Personal Growth and Responsibility	Life Balance Wheel

		Selected Teachings from “Maturity” (198)	
9 Theme: Courtship	Transitioning into Married Life with Purpose	19: Adjusting to Married Life Selected Teachings from “Adjustments in Marriage” (9) “Overcoming Those Differences of Opinion: A Formula for Finding Unity in Marriage,” Elder Robert E. Wells (286)	Adjusting to Married Life Expectations Alternative: Expectations vs. Reality Discussion
10 Theme: Marriage	Cultivating Unity and Faithfulness in Marriage	Righteous Unity in Marriage Selected Teachings from “Unity” (344–46) Selected Teachings from “Selfishness” (304) Fidelity in Marriage Selected Teachings from “Fidelity in Marriage” (111–14) Selected Teachings from “Pornography” (264–67) “The Family: A Proclamation to the World,” the First Presidency and Quorum of the Twelve Apostles (83–84)	That We May Be One Alternative: Unity Puzzle Challenge
11 Theme: Marriage	Nurturing Spiritual Growth Within Marriage	Spirituality in Marriage “The Family: A Proclamation to the World,” the First Presidency and Quorum of the Twelve Apostles (83–84) Selected Teachings from “The Family: A Proclamation to the World” (84–100)	Planning a Family Home Evening
12 Theme: Marriage	Honoring the Law of Chastity and Embracing Intimacy in Marriage	Intimacy in Marriage Selected Teachings from “Intimacy in Marriage” (139–41) “The Fountain of Life,” Elder Boyd K. Packer (141–46) Selected Teachings from “Birth Control” (14–16) “I Have a Question,” Dr. Homer Ellsworth (17–18)	Sacredness of Intimacy Discussion
13 Theme: Marriage	Mastering Communication Skills for A Strong Marriage	Communication Fundamentals in Marriage	Conflict Resolution Roleplay Communication Quiz

		Selected Teachings from “Communication” (31)	Emotional Abuse Quiz
14 Theme: Marriage	Managing Financial and Temporal Resources Together	Managing Temporal Resources “To the Boys and to the Men,” President Gordon B. Hinckley (60–62) Selected Teachings from “Debt” (59–60) Selected Teachings from “Temporal Preparedness” (327–29)	Financial Priorities Game

Find suggested activities here:

[Do Activities \(Dating, Marriage, and Courtship in the Savior's Way\).docx](#)