



The Eternal Family

Fall Term 2025—Tuesday/Thursday

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Course Objective:

This course, like all institute courses has one main objective: To help you deepen your conversion to Jesus Christ and His restored gospel, qualify for the blessings of the temple, and prepare yourself, your family, and others for eternal life with our Father in Heaven. In addition to that one overarching purpose, this course seeks to help you:

- 1) Explain the central role of the family in Heavenly Father’s Plan of Salvation.
- 2) Analyze family-related questions and matters with an eternal perspective.
- 3) Act with faith in Jesus Christ when addressing personal or family challenges and societal pressures.
- 4) Apply teachings of Jesus Christ in your efforts to make and keep sacred covenants and to strengthen family relationships.
- 5) Increase **your capacity** to fulfill sacred responsibilities in family life and **become** more like Heavenly Father.

Semester Outline

Week	Tuesday	Thursday	Preparation Materials
Aug 18–22	Lesson 1: Studying the Doctrine of the Eternal Family	Lesson 2: The Role of Prophets in Proclaiming the Doctrine of the Eternal Family	Lesson 1 Lesson 2
Aug 25–29	Lesson 3: Our Divine Nature and Destiny	Lesson 4: The Family is Central to Heavenly Father’s Plan	Lesson 3 Lesson 4
Sep 1–5	Labor Day – No Class	Lesson 5: Our Mortal Experience and the Gift of a Physical Body	Lesson 5
Sep 8–12	Lesson 6: Marriage Between a Man and a Woman is Ordained of God	Lesson 7: The Eternal Nature and Purpose of Gender	Lesson 6 Lesson 7
Sep 15–19	Lesson 8: Seeking to Understand Same-Sex Attraction and Loving Our LGBT+ Brothers and Sisters	Lesson 9: Uniting Families for Eternity	Lesson 8 Lesson 9
Sep 22–26	Lesson 10: The New and Everlasting Covenant of Marriage	Lesson 11: Choosing an Eternal Companion	Lesson 10 Lesson 11

Week	Tuesday	Thursday	Preparation Materials
Sep 29– Oct 3	Lesson 12: Nurturing the Marriage Relationship	Lesson 13: The Divine Gift and Sacred Responsibility of Sexual Intimacy	Lesson 12 Lesson 13
Oct 6–10	Fall Break – No Class	Fall Break – No Class	
Oct 13– 17	Lesson 14: Addressing Pornography Use	Lesson 15: The Commandment to Multiply and Replenish the Earth	Lesson 14 Lesson 15
Oct 20– 24	Lesson 16: Obtaining Happiness in Family Life through Jesus Christ	Lesson 17: Equal Partnership in Marriage	Lesson 16 Lesson 17
Oct 27– 31	Lesson 18: Providing for Temporal Needs	Lesson 19: The Sacred Responsibilities of Mothers	Lesson 18 Lesson 19
Nov 3–7	Lesson 20: The Sacred Responsibilities of Fathers	Lesson 21: Rearing Children in Love	Lesson 20 Lesson 21
Nov 10– 14	Lesson 22: Rearing Children in Righteousness	Lesson 23: When Blessings of Eternal Marriage or Children are Delayed	Lesson 22 Lesson 23
Nov 17– 21	Lesson 24: Addressing Mental Health with Hope and Compassion	Lesson 25: Repentance and Forgiveness in Family Life	Lesson 24 Lesson 25
Nov 24– 28	Lesson 26: Recognizing and Healing from Abuse	Thanksgiving Break – No class	Lesson 26
Dec 1–5	Lesson 27: Promoting and Defending the Family as the Fundamental Unit of Society	Lesson 28: Feeling Hope for Building an Eternal Family	Lesson 27 Lesson 28

*Preparation Material can be found at: <https://www.churchofjesuschrist.org/study/manual/the-eternal-family-class-prep-material-2022?lang=eng>

Credit:

To receive credit for this course (optional), you must do the following:

- Attend 75% of classes
- Read 75% of class preparation material
- Complete **ONE** of the following learning experiences: 1) Keep a study journal, 2) Record responses to all of the questions and activities in the preparation material (show me it's completed), 3) Write responses to three essay questions, 4) Design and complete a learning project (with teacher approval) related to the content of the course. (Find more details on the Institute Elevate Learning Experiences page at ChurchofJesusChrist.org.)

Graduating (for those who are interested):

Earn 14 credits (most courses are 2 credits), including:

- 8 credits by completing all four "Cornerstone" courses (Jesus Christ and the Everlasting Gospel, Foundations of the Restoration, The Eternal Family, and Teachings and Doctrine of the Book of Mormon)
- 6 credits by completing other institute courses
- Receive an Ecclesiastical Endorsement

Parking:

The institute provides a free parking pass for anyone enrolled in an institute class and who attends at least 75% of the time. See the administrative assistants for help signing up.

Website: <https://www.uofuinstitute.org>

Instagram: @UofUInstitute

Individual Needs:

If you have any limitations or disabilities that may impact your experience in class, please let me know how I can best support you!

Safety Information:

The Institute and the University of Utah value your safety. To report suspicious activity or to request a courtesy escort at the Institute or on campus, please call campus police at 801-585-COPS (801-585-2677). To receive important emergency alerts and campus safety messages via text message, please visit alert.umc.utah.edu or download the "U Heads Up!" app. For other safety resources, visit safeu.utah.edu