







# TEACHINGS AND DOCTRINE OF THE BOOK OF MORMON

REL 275 MONDAYS 4:00-5:15PM

FALL SEMESTER, AUGUST 19 – DECEMBER 5, 2024

TRINA GARLICK O: E123 E: TRINA.GARLICK@CHURCHOJESUSCHRIST.ORG C: (801) 856-7889



Who's the instructor?	What is the focus of the class?
<p>My name is Trina Garlick and I love being here at the greatest university in the state of Utah! I LOVE the students here! Besides teaching classes at the Institute, I get to help with the Institute Choir. It is literally my dream job.</p> <p>I grew up in Bountiful, UT, served a mission to Philadelphia, PA, Portugal, and Cape Verde, Africa. I received a bachelor's in English and Master's in Educational Leadership. I am blessed with an amazing husband, Troy. Best. Cook. Ever!! We love to travel. Currently have a bucket list of all 50 states and 10 CAN provinces by 60 (we've got loads of time still!) and all MLB Stadiums before end of life :-)</p> <p>From personal experience and observation: life, families, circumstances, etc. can be messy and super challenging but what I love most about teaching institute is that we can always learn something from the Savior that can help us to navigate it, and it is an amazing experience to discover that together as a class.</p> <p>I am here for you!! If you have any questions or just would like to chat about anything, drop by or contact me by text or email.</p>	<p>Even if you have studied the Book of Mormon more times than you have counted, or never cracked it's cover open this class has something for you. Something that can deepen your connection to Christ and change your life through the Book of Mormon. Instead of a cover-to-cover read-through, in this class we are engaged in feasting on what the Book of Mormon teaches us doctrine-by-doctrine, theme-by-theme, teaching-by-teaching. The outcome of this kind of study has less to do with what those doctrines and teachings are but whose they are: The Doctrines and Teachings of Christ.</p> <p>It's my hope that you will see Christ, as Elder Holland once said as the "omnipresent central figure" of this great book, "standing like a colossus over virtually every page." That you will come to know Him, love Him, and have clearer direction of how to follow Him more than you ever have before.</p>
What can expect the class format to be like?	What will I get from this class?
<ul style="list-style-type: none"> <li>⚙️ Less lecture. More of a class discussion.</li> <li>⚙️ I love to provide opportunities for students to learn from one another—get to know one another—and to build a community of faith.</li> <li>⚙️ It is also important to me that classes are <i>revelatory experiences</i> for students—that they have time to ponder what messages the Lord wants to give to them individually that day.</li> </ul>	<ul style="list-style-type: none"> <li>⚙️ A stronger testimony of and conversion to who Jesus Christ is and how He can aid and heal and strengthen you as an individual.</li> <li>⚙️ An opportunity to have meaningful conversations with other members of your class about how to apply the Gospel in real and relevant ways in your life.</li> <li>⚙️ Lastly, you will make friends and feel a sense of belonging here!</li> </ul>
What do I need to do to prep for class?	How do I get <i>and keep</i> a parking pass?
<p>Preparing for class by having a prayerful open heart, or doing the readings blesses you and I. For each upcoming class I'll send you an email or text where you will be given a few ways you can prepare for what we will be discussing.</p>	<p><u>To get:</u> Soon if you have registered for an institute class you will receive an e-mail from the Institute with instructions regarding applying for the Institute parking through the UofU Parking Services. Watch for it!</p> <p><u>To keep:</u> If you want to keep your parking privileges during the semester, just keep coming to class! Students need to maintain 75% attendance in their Institute class to keep their parking pass. (Talk to me or admins about ?'s, concerns, etc.)</p>
What if I want to take this class for "credit"?	How do I find out about other Institute events, etc.?
<p>If you would like to "opt-in" to receive credit for participation in this course towards graduating from institute, please come and talk to me and I'll be happy to share with you the 3 standard requirements for getting credit.</p>	<p>Every day at the beginning of class there will be announcements of great things going on. You may also want to follow our socials:</p> <p> @uofuinstitutue       @insituateattheuofu</p> <p>Also, for ongoing social group opportunities check out "Summit at the U" or also LDSSA committees, or the Institute Choirs at the U. You can talk to me, or an admin or go to our website at to get info: <a href="https://www.uofuinstitute.org/">https://www.uofuinstitute.org/</a></p>
Wifi? Charge? Print? Eat? Connect to Others?	Staying Safe on Campus and at the Institute
<p>Network: Liahona Password: alma3738 </p> <p>Lots of places to study and charge, including portable chargers.</p> <p>Places for students to print are also available ask me about options.</p> <p>And of course check out our amazing eatery: "The Hub"</p> <p>And Social Organizations: Summit Thursdays at 7:00p </p> <p>LDSSA: Student Leadership Organization – Get involved!</p> <p>Choir (no audition) Tue 6:30-8p/ Singers (audition) T/ Th 12:15- 1:45p</p>	<p>Everyone should feel and be safe at the Institute and the University of Utah. To report suspicious activity or to request a courtesy escort at the Institute or on campus, please call campus police at 801-585-COPS (801-585-2677). To receive important emergency alerts and campus safety messages via text message, please visit <a href="http://alert.umc.utah.edu">alert.umc.utah.edu</a> or download the U Heads Up! app. For other safety resources, visit <a href="http://safeu.utah.edu">safeu.utah.edu</a>.</p>

Dates Mon 4:00-5:15	Teachings and Doctrines Discussed	Dates Mon or Tues 4:00-5:15	Teachings and Doctrines Discussed
Mon Aug 19	◆1◆ <a href="#">The Book of Mormon: Another Testament of Jesus Christ</a>	Mon Oct 14	◆15◆ <a href="#">Preparing for the Coming of Jesus Christ</a>
	◆2◆ <a href="#">Responding to the Lord's Prophets</a>		◆16◆ <a href="#">Jesus Christ Ministers One by One</a>
Mon Aug 26	◆3◆ <a href="#">Lehi's Dream of the Tree of Life</a>	Mon Oct 21	◆17◆ <a href="#">Belonging to the Lord's Church</a>
	◆4◆ <a href="#">Search the Scriptures</a>		◆18◆ <a href="#">Becoming like Heavenly Father and Jesus Christ</a>
Mon Sept 9	◆5◆ <a href="#">The Fall of Adam and Eve and the Gift of Agency</a>	Mon Oct 28	◆19◆ <a href="#">Living Righteously in a Day of Wickedness</a>
	◆6◆ <a href="#">The Infinite Atonement of Jesus Christ</a>		◆20◆ <a href="#">The Blessings of Religious Freedom</a>
	◆7◆ <a href="#">The Strengthening Power of Jesus Christ</a>	Mon Nov 4	◆21◆ <a href="#">Overcoming Pride</a>
	◆8◆ <a href="#">Life after Death</a>		◆22◆ <a href="#">Protecting Ourselves against the False Doctrines of the Last Days</a>
Mon Sept 16	◆9◆ <a href="#">Faith in Jesus Christ</a>	Mon Nov 11	◆23◆ <a href="#">Obedience to God's Commandments</a>
	◆10◆ <a href="#">Repentance and Forgiveness</a>		◆24◆ <a href="#">The Lord's Power of Deliverance</a>
Mon Sept 23	◆11◆ <a href="#">Pressing Forward on the Covenant Path</a>	Mon Nov 18	◆25◆ <a href="#">Prayer and Personal Revelation</a>
	◆12◆ <a href="#">Our Need for Spiritual Rebirth</a>		◆26◆ <a href="#">After the Trial of Your Faith</a>
Mon Sept 30	◆13◆ <a href="#">The Gathering of Israel in the Last Days</a>	Mon Nov 25	◆27◆ <a href="#">Faith, Hope, and Charity</a>
	◆14◆ <a href="#">Becoming Instruments in the Hands of God</a>		◆28◆ <a href="#">Come unto Christ</a>
<b>Mon, Dec 2. ◆Final Thoughts &amp; Class Conclusion◆</b>			