



Building an Eternal Marriage

(Fall 2024)

Mondays @ 7:00–8:00p (Rm E205) (for married couples)
Tuesdays @ 11:00a–12:00p (Rm E201)

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ABOUT THIS COURSE

Marriage is awesome. It also takes work—and it's the best kind of work! Heavenly Father and Jesus Christ want our marriages to be joy-filled, strong, and eternal. In this course, we will learn about the principles, practices, and power They have given us to help us obtain this. Your confidence can deepen in the truth that because of Jesus Christ, we have every reason to hope that we can build an eternal marriage!

(Note: This is part 1 of a two-part course. Part 2 will be offered in the spring.)

INSTITUTE PARKING

Early in the semester, each registered student will receive an email with instructions for applying to park at the institute. You'll apply through UofU Parking Services. Parking is enforced by the UofU Police. To maintain parking privileges, just keep your attendance above 75%.

MAINTAINING SAFETY

We deeply value your safety. To report suspicious activity or to request a courtesy escort at the institute or on campus, call campus police at 801-585-2677. To receive emergency alerts and campus safety messages via text, visit alert.umc.utah.edu or download the U Heads Up! App. For other safety resources, visit safeu.utah.edu.

INTERESTED IN RECEIVING COURSE CREDIT?

If you'd like to opt in to receive credit for this course, just let me know. The requirements are simple:

- ☐ At least 75% attendance
- ☐ Complete 75% of the assigned readings (access and record on the Seminary & Institute app; note some weeks are the *Come, Follow Me* block)
- ☐ Keep a study journal or complete a self-designed learning project related to the content of the course



Follow "instituteattheu" on Instagram to stay informed on what's going on at the institute!

Lesson Topics Include:

What It Takes to Build an Eternal Marriage

**Establishing Our Marriage on Jesus Christ
& Managing Our Priorities**

**Improving as a Spouse by Improving My Relationship
with Heavenly Father & Jesus Christ**

**"What Are You Doing with Your Cereal Bowl?" Being Patient with &
Appreciating My Amazing, Imperfect Spouse**

Growing in Love: The Role of Righteous Sacrifice

**Growing in Love: Expressing Love to My Spouse
in Especially Meaningful Ways**

**The Role of Marital Friendship in
Experiencing the Marriage of Our Dreams**

**Date Night: Some Why's & How's of Keeping It Alive & Fun
(Without Breaking the Bank)**

Healthy Intimacy in Marriage

Making Decisions about Having Children

Rearing Children in Love & Righteousness

**Forming Our Own Family Identity
& Managing Relationships with In-Laws**